

South Suburban Conference Championships - 5/24/2022 to 5/26/2022

Apple Valley High School

Results

Boys 100 Meter Dash

SSC Record: 10.73 M 2016 Jonathan Rowe

Name	Yr	School	Prelims
Preliminaries			
1	Belt, Christian	12	Burnsville 11.00Q-0.3
2	Spronk, Grayson	11	Prior Lake 11.01Q-0.6
3	Shrum, Jonathan	11	Farmington 11.04Q-0.8
4	Lee, Justice	12	Prior Lake 11.11Q1.3
5	Volk, Reece	11	Lakeville South 11.01q -0.6
6	Townsend, Miles	12	Rosemount 11.11q 1.3
7	Hansen, Carson	11	Lakeville South 11.16q -0.8
8	Washington, William	10	Apple Valley 11.36q -0.6
9	Brockberg, Ethan	12	Eagan 11.40 1.3
10	Cade, Connor	9	Lakeville South 11.44 1.3
11	Niggeling, Thomas	12	Lakeville North 11.45 -0.6
12	Holte, Ben	10	Shakopee 11.47 -0.3
13	Marcinkevich, Josh	10	Prior Lake 11.57 -0.3
14	Pyne, Vicar	12	Rosemount 11.58 -0.3
15	Gbadamosi, Abdulwakeel	Sr	Apple Valley 11.62 -0.8
16	Purdy, Samuel	12	Lakeville North 11.64 1.3
17	Specht, Charlie	12	Eagan 11.69 -0.6
18	Everett, Brandon	10	Farmington 11.71 -0.3
19	Gaiters, Ari	11	Shakopee 11.75 -0.6
20	Kamara, Caleb	11	Burnsville 11.76 -0.8
21	Young, Jackson	11	Lakeville North 11.78 -0.8
22	Binstock, Elijah	12	Farmington 11.80 1.3
23	Monroe, Garrison	11	Shakopee 11.87 1.3
24	Allen, Michael	12	Lakeville South 11.89 -0.3
25	Takahashi, Simon	10	Eastview 11.97 -0.3
26	Kortbein, Zachary	11	Eastview 12.03 1.3
27	Torkelson, Carter	11	Apple Valley 12.06 -0.3
28	Tonsager, Landon	11	Eagan 12.16 -0.8
29	Shambley Shaw, Tyzell	11	Burnsville 12.38 -0.6

Boys 100 Meter Dash

SSC Record: 10.73 M 2016 Jonathan Rowe

Name	Yr	School	Finals
Finals			
1	Volk, Reece	11	Lakeville South 10.80 10
2	Shrum, Jonathan	11	Farmington 10.86 8
3	Belt, Christian	12	Burnsville 10.90 6
4	Spronk, Grayson	11	Prior Lake 10.90 5
5	Townsend, Miles	12	Rosemount 10.97 4
6	Hansen, Carson	11	Lakeville South 11.02 3
7	Lee, Justice	12	Prior Lake 11.02 2
8	Washington, William	10	Apple Valley 11.38 1

Boys 200 Meter Dash

SSC Record: 21.82 M 2015 Sam Zenner

Name	Yr	School	Prelims
Preliminaries			
1	Smith Jr., Dwyne	10	Apple Valley 22.25Q0.1
2	Hansen, Carson	11	Lakeville South 22.46Q-0.1
3	Gilbertson, Kade	11	Rosemount 22.46Q0.2
4	Volk, Reece	11	Lakeville South 22.83Q-1.7

5	Spronk, Grayson	11	Prior Lake 22.63q -0.1
6	Koenen, Blake	10	Eagan 22.68q -0.1
7	Shrum, Jonathan	11	Farmington 22.92q -1.7
8	Lee, Justice	12	Prior Lake 23.06q -1.7
9	Mcintosh, Nicholas	12	Prior Lake 23.09 0.1
10	Niggeling, Thomas	12	Lakeville North 23.15 0.2
11	Gbadamosi, Abdulwakeel	Sr	Apple Valley 23.43 -0.1
12	Dorsey, Derek	12	Eagan 23.45 -1.7
13	Washington, William	10	Apple Valley 23.54 0.2
14	White, Tyrese	12	Lakeville South 23.58 0.1
15	Fier, Jacob	11	Prior Lake 23.60 0.2
16	Liston, Dylan	11	Lakeville North 23.64 -0.1
17	McGivern, Peter	11	Eagan 23.72 0.2
18	Licht, Blake	11	Lakeville North 23.81 0.1
19	Pyne, Vicar	12	Rosemount 23.88 -1.7
20	Purdy, Samuel	12	Lakeville North 23.95 -1.7
21	Wagner, Andrew	12	Eastview 24.02 -0.1
22	Miller, Sir Brody	9	Shakopee 24.07 -1.7
23	Ongwenyi, Albert	9	Burnsville 24.09 0.2
24	Wyandt, Brock	9	Farmington 24.15 -0.1
25	Baiei, Ethan	10	Rosemount 24.22 0.1
26	Fletcher, Julian	12	Shakopee 24.28 0.1
27	Marroquin, Djuan	11	Burnsville 24.36 0.1
28	Homuth, Jayden	12	Burnsville 24.42 -1.7
29	Harris, Hunter	10	Farmington 24.64 0.2
30	Nelson, Aaron	9	Shakopee 24.70 -0.1
31	Breault, Logen	12	Eastview 25.37 0.1

Boys 200 Meter Dash

SSC Record: 21.82 M 2015 Sam Zenner

Name	Yr	School	Finals
Finals			
1	Gilbertson, Kade	11	Rosemount 22.07 10
2	Koenen, Blake	10	Eagan 22.16 8
3	Hansen, Carson	11	Lakeville South 22.17 6
4	Spronk, Grayson	11	Prior Lake 22.22 5
5	Volk, Reece	11	Lakeville South 22.30 4
6	Smith Jr., Dwyne	10	Apple Valley 22.31 3
7	Shrum, Jonathan	11	Farmington 22.32 2
8	Lee, Justice	12	Prior Lake 22.94 1

Boys 400 Meter Dash

SSC Record: 47.88 M 5/24/2022 Ramy Ayoub

SSC Record: 47.55 M 5/26/2022 Ramy Ayoub

Name	Yr	School	Prelims
Preliminaries			
1	Ayoub, Ramy	12	Farmington M 47.88Q
2	Smith Jr., Dwyne	10	Apple Valley 49.39Q
3	Kocher, Jack	12	Lakeville North 50.81Q
4	Licht, Blake	11	Lakeville North 51.20Q
5	Marcinkevich, Josh	10	Prior Lake 51.61q
6	Greaves, Christopher	12	Apple Valley 51.95q
7	Hirsi, Mohamed	12	Apple Valley 52.03q
8	Kehler, Thomas	11	Eagan 52.33q
9	Ganser, Jackson	10	Rosemount 52.37
10	Brokenshire, Matthew	12	Lakeville North 52.40

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Preliminaries ... (Boys 400 Meter Dash)

Name	Yr	School	Prelims
11 Donlan, McKenzie	10	Farmington	52.48
12 Bode, Evan	12	Lakeville South	52.52
13 Caswell, Samuel	12	Lakeville South	52.84
14 Liggett, Joshua	12	Rosemount	53.00
15 Ongondi, Amos	12	Lakeville South	53.41
16 Horejsi, Ryan	12	Prior Lake	54.47
17 Malmgren, Parker	11	Lakeville North	54.56
18 Heinlein, Drew	12	Eagan	54.69
19 Harris, Hunter	10	Farmington	54.79
20 Izzo, Matthew	10	Eastview	55.11
21 Howard, Markeese	10	Burnsville	55.23
22 Thompson, John	10	Shakopee	55.38
23 Guth, Peyton	11	Prior Lake	55.51
24 Cinnamo, Levi	8	Rosemount	55.66
25 St. Martin, Carter	9	Shakopee	56.05
26 Grim, Joe	12	Shakopee	56.24
27 Oty, Shareef	11	Burnsville	56.42
28 Shambley Shaw, Tyzell	11	Burnsville	58.20

Boys 400 Meter Dash

SSC Record: 47.88 M 5/24/2022 Ramy Ayoub

SSC Record: 47.55 M 5/26/2022 Ramy Ayoub

Name	Yr	School	Finals
Finals			
1 Ayoub, Ramy	12	Farmington	47.55M 10
2 Smith Jr., Dwyne	10	Apple Valley	49.01 8
3 Kocher, Jack	12	Lakeville North	50.03 6
4 Licht, Blake	11	Lakeville North	51.26 5
5 Marcinkevich, Josh	10	Prior Lake	51.71 4
6 Kehler, Thomas	11	Eagan	52.67 3
7 Greaves, Christopher	12	Apple Valley	54.04 2
8 Hirsi, Mohamed	12	Apple Valley	54.29 1

Boys 800 Meter Run

SSC Record: 1:51.96 M 5/26/2022 Ramy Ayoub

Name	Yr	School	Prelims
Preliminaries			
1 Casey, Andrew	11	Lakeville North	1:57.02Q
2 Khalif, Abdikafi	12	Apple Valley	1:59.61Q
3 Ayoub, Ramy	12	Farmington	1:59.91Q
4 Mulrooney, Ryan	11	Rosemount	1:59.96Q
5 Dundon, Thomas	12	Burnsville	1:59.97q
6 Aguilar-Fuentes, Alberto	12	Lakeville South	2:00.04q
7 Yuza, Zach	12	Shakopee	2:01.00q
8 Chhuoy, Brian	12	Burnsville	2:02.15q
9 Hanson, Riley	12	Farmington	2:02.76
10 Anderson, Noah	12	Lakeville South	2:03.43
11 Griffin, Darby	9	Lakeville North	2:03.64
12 Olson, Eli	10	Lakeville North	2:03.71
13 Ford, Owen	10	Eagan	2:03.73
14 Beise, Micah	12	Rosemount	2:04.13
15 Balvance, Tyler	10	Shakopee	2:04.24
16 Munson, Eli	11	Eastview	2:04.44
17 Gorman, Joshua	12	Rosemount	2:04.73

18 Hernandez, Diego	10	Rosemount	2:04.94
19 McManus, Quinn	10	Lakeville South	2:04.99
20 Johnson, Zachary	12	Prior Lake	2:05.52
21 Khakural, Adrian	10	Eastview	2:05.74
22 Connors, Aaron	11	Apple Valley	2:06.01
23 Cloutier, Trevor	11	Apple Valley	2:06.18
24 Kronkvist, John	12	Eastview	2:06.35
25 Cavanaugh, Adam	11	Lakeville South	2:07.68
26 Kellogg, Robert	11	Eagan	2:08.28
27 Mahowald, Matt	10	Prior Lake	2:08.32
28 Daniel, Noah	9	Eagan	2:08.38
29 Alexander, Austin	12	Farmington	2:08.55
30 Becker, Ryan	9	Shakopee	2:11.70
31 O'Neal, Miles	9	Burnsville	2:14.62
32 Piper, James	11	Prior Lake	2:19.57

Boys 800 Meter Run

SSC Record: 1:51.96 M 5/26/2022 Ramy Ayoub

Name	Yr	School	Finals
Finals			
1 Ayoub, Ramy	12	Farmington	1:51.96M 10
2 Casey, Andrew	11	Lakeville North	1:52.11 8
3 Khalif, Abdikafi	12	Apple Valley	1:55.56 6
4 Dundon, Thomas	12	Burnsville	1:56.71 5
5 Mulrooney, Ryan	11	Rosemount	1:56.77 4
6 Aguilar-Fuentes, Alberto	12	Lakeville South	1:59.41 3
7 Yuza, Zach	12	Shakopee	2:00.03 2
8 Chhuoy, Brian	12	Burnsville	2:06.56 1

Boys 1600 Meter Run

SSC Record: 4:13.92 M 5/26/2022 Bryce Stachewicz

Name	Yr	School	Finals
Finals			
1 Stachewicz, Bryce	11	Lakeville North	4:13.92M 10
2 Whittaker, Matthew	12	Lakeville South	4:19.80 8
3 Hage, Hootie	10	Prior Lake	4:21.54 6
4 McNeil, Joe	11	Rosemount	4:26.10 5
5 Doran, Eli	12	Rosemount	4:28.71 4
6 Edgar, George	11	Rosemount	4:31.64 3
7 Beaudette, Austin	10	Rosemount	4:32.13 2
8 Hendricks, Matthew	11	Lakeville North	4:35.99 1
9 Dunne, Hunter	12	Eastview	4:37.53
10 Valenzuela-Rivera, Eduardo	12	Eagan	4:39.00
11 Altergott, Chase	10	Lakeville North	4:40.32
12 LaSota, PJ	12	Eastview	4:41.09
13 Hegenbarth, Arlan	12	Eagan	4:43.27
14 Crisp, Andrew	10	Farmington	4:44.47
15 Simmonds, Thomas	10	Prior Lake	4:44.64
15 Hanson, Zach	12	Farmington	4:44.64
17 Hess, Quinn	10	Burnsville	4:45.15
18 Sullivan, Mason	10	Farmington	4:45.32
19 Froats, Quinn	10	Shakopee	4:45.37
20 Messner, Kyle	9	Shakopee	4:45.87
21 Phoulavan, Mason	11	Apple Valley	4:46.66
22 Johnson, Owen	10	Lakeville South	4:46.68
23 Prochnow, Andrew	10	Apple Valley	4:49.68

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Finals ... (Boys 1600 Meter Run)

Name	Yr	School	Finals
24 Castle, Aaron	12	Eagan	4:50.38
25 Cavanaugh, Adam	11	Lakeville South	4:53.57
26 Breimhurst, Alex	12	Eastview	4:55.47
27 Burger, Braden	11	Shakopee	5:04.18
28 O'Neal, Miles	9	Burnsville	5:05.90
29 Barbato, Isaac	11	Prior Lake	5:06.37
30 Wiegrefe, Gabriel	11	Apple Valley	5:08.57
31 Schoenbauer, Jacob	9	Burnsville	5:18.80

Boys 3200 Meter Run

SSC Record: 9:26.29 M 5/24/2022 Hootie Hage

Name	Yr	School	Finals
1 Hage, Hootie	10	Prior Lake	9:26.29M 10
2 Whittaker, Matthew	12	Lakeville South	9:26.57 8
3 Starfield, Ethan	11	Lakeville South	9:38.89 6
4 Kimmel, Ethan	11	Lakeville North	9:43.03 5
5 Angell, Nicholas	11	Lakeville North	9:45.67 4
6 Hendricks, Matthew	11	Lakeville North	9:51.93 3
7 Schultz, Andrew	10	Rosemount	9:52.44 2
8 Friedmann, Zachary	12	Burnsville	10:02.25 1
9 Edgar, George	11	Rosemount	10:03.07
10 Dunne, Hunter	12	Eastview	10:05.44
11 Adams, Cole	12	Rosemount	10:11.50
12 Merrell, Liam	8	Burnsville	10:16.25
13 Simmonds, Thomas	10	Prior Lake	10:16.29
14 Crisp, Andrew	10	Farmington	10:18.17
15 Sullivan, Mason	10	Farmington	10:19.32
16 Johnson, Owen	10	Lakeville South	10:19.72
17 Hegenbarth, Arlan	12	Eagan	10:22.95
18 Abas, Zakaria	12	Apple Valley	10:26.23
19 Fritz, Michael	11	Lakeville North	10:29.71
20 Johnson, Adam	8	Farmington	10:30.85
21 Froats, Quinn	10	Shakopee	10:31.62
22 Breimhurst, Alex	12	Eastview	10:35.57
23 Stuwe, Owen	8	Shakopee	10:36.58
24 Sandbo, Everett	12	Burnsville	10:37.41
25 Messner, Kyle	9	Shakopee	10:38.89
26 Luu, Aaron	11	Eagan	10:41.30
27 Amezcua-Shoem, Rodolfo	11	Rosemount	10:46.60
28 LaSota, PJ	12	Eastview	10:48.51
29 Phoulavan, Mason	11	Apple Valley	10:58.54
30 Ojo, Emmanuel	10	Eagan	11:01.44
31 Williams, John	11	Apple Valley	11:06.65
32 Sears, Ledger	9	Prior Lake	11:21.21

Boys 110 Meter Hurdles

SSC Record: 14.69 M 2019 Jonathan Mann

Name	Yr	School	Prelims
1 Green, Grantham	11	Rosemount	15.56Q-0.4
2 Mosser, Benjamin	12	Lakeville South	15.79Q-0.1
3 Mckowen, Ian	11	Prior Lake	15.90Q-0.3
4 Brandt, Isak	11	Eagan	16.32Q-2.8

5 Simmering, Leyton	12	Rosemount	15.94q -0.1
6 Whelan, Maki	10	Rosemount	16.48q -0.3
7 Heinlein, Henry	10	Eagan	16.67q -0.4
8 Johnson, Jaden	12	Lakeville South	16.69q -0.4
9 Muhamad, Adnan	12	Prior Lake	16.88 -0.4
10 Coccarelli, Jakob	12	Farmington	17.21 -0.3
11 Clayton, Trajen	12	Eastview	17.31 -0.3
12 Lee, Alex	11	Farmington	17.43 -0.1
13 Barnett, Evan	11	Lakeville South	17.48 -0.3
14 Christianson, Tyler	10	Lakeville North	17.56 -0.1
15 Maddio, Cole	11	Lakeville North	17.70 -0.4
16 Just, Max	11	Lakeville South	17.74 -2.8
17 Rothmeyer, Kyle	10	Prior Lake	17.74 -0.1
18 Fenske, Malachi	12	Farmington	17.96 -2.8
19 Courts, Devin	10	Shakopee	18.29 -0.1
20 Thomas, Alan	9	Shakopee	18.45 -0.4
21 Him, Ayden	10	Farmington	18.49 -0.4
22 Schwamb, Carson	10	Eagan	18.65 -0.1
23 Roepke, Christian	10	Lakeville North	18.74 -2.8
24 Carroll, Christopher	12	Apple Valley	18.86 -0.4
25 Wallace, Landon	10	Lakeville North	18.88 -0.3
26 Ruyle, Levi	9	Eastview	18.99 -2.8
27 Litterer, Sean	10	Apple Valley	19.71 -2.8
28 Badri, Yaqub	11	Apple Valley	20.00 -0.3
29 Bellana, Aarush	10	Eastview	20.83 -0.1
30 Abukar, Adam	11	Burnsville	22.45 -0.3
--- Corbett, Christopher	9	Rosemount	DQ -2.8
--- Miller, Vincenzo	11	Shakopee	DQ -2.8

Boys 110 Meter Hurdles

SSC Record: 14.69 M 2019 Jonathan Mann

Name	Yr	School	Finals
1 Green, Grantham	11	Rosemount	14.80 10
2 Mosser, Benjamin	12	Lakeville South	15.04 8
3 Whelan, Maki	10	Rosemount	15.25 6
4 Simmering, Leyton	12	Rosemount	15.72 5
5 Brandt, Isak	11	Eagan	15.82 4
6 Mckowen, Ian	11	Prior Lake	15.99 3
7 Johnson, Jaden	12	Lakeville South	16.14 2
8 Heinlein, Henry	10	Eagan	16.29 1

Boys 300 Meter Hurdles

SSC Record: 38.83 M 2017 Evan El-Halawani

Name	Yr	School	Prelims
1 Mosser, Benjamin	12	Lakeville South	39.57Q
2 Green, Grantham	11	Rosemount	40.24Q
3 Miller, Vincenzo	11	Shakopee	41.29Q
4 Muhamad, Adnan	12	Prior Lake	42.75Q
5 Simmering, Leyton	12	Rosemount	40.74q
6 Johnson, Jaden	12	Lakeville South	42.05q
7 Whelan, Maki	10	Rosemount	42.20q
8 Mckowen, Ian	11	Prior Lake	42.66q
9 Sloan, Jackson	11	Eagan	42.86
10 Champlin, Braden	11	Farmington	43.08

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Preliminaries ... (Boys 300 Meter Hurdles)

Name	Yr	School	Prelims
11 Just, Max	11	Lakeville South	43.31
12 Clayton, Trajen	12	Eastview	43.52
13 Fenske, Malachi	12	Farmington	43.53
14 Wheatcraft, Samuel	11	Lakeville North	43.56
15 Lee, Alex	11	Farmington	43.92
16 Heinlein, Henry	10	Eagan	44.06
17 Christianson, Tyler	10	Lakeville North	44.07
18 Thomas, Alan	9	Shakopee	44.80
19 Rateliff, Mitchel	10	Lakeville South	45.11
20 Eichacker, Samuel	11	Eagan	45.38
21 Rothmeyer, Kyle	10	Prior Lake	45.70
22 Roepke, Christian	10	Lakeville North	45.80
23 Ruyle, Levi	9	Eastview	45.84
24 Badri, Yaqub	11	Apple Valley	46.27
25 Wyandt, Brock	9	Farmington	46.72
26 Wallace, Landon	10	Lakeville North	46.77
27 Judge, Rowan	10	Eastview	47.77
28 Ross, Jack	10	Apple Valley	48.26
29 Litterer, Sean	10	Apple Valley	48.84
30 Blenkush, Mitchell	9	Shakopee	48.94
31 Corbett, Christopher	9	Rosemount	48.95
32 Abukar, Adam	11	Burnsville	53.30

Boys 300 Meter Hurdles

SSC Record: 38.83 M 2017 Evan El-Halawani

Name	Yr	School	Finals
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Finals

1 Green, Grantham	11	Rosemount	39.03	10
2 Mosser, Benjamin	12	Lakeville South	39.30	8
3 Simmering, Leyton	12	Rosemount	40.72	6
4 Miller, Vincenzo	11	Shakopee	41.21	5
5 Muhamad, Adnan	12	Prior Lake	41.68	4
6 Whelan, Maki	10	Rosemount	41.75	3
7 Johnson, Jaden	12	Lakeville South	42.00	2
8 Mckowen, Ian	11	Prior Lake	42.13	1

Boys 4x100 Meter Relay

SSC Record: 42.15 M 5/26/2022 Lakeville South

C Dean, R Volk, C Cade, C Hansen

Team	Relay	Finals
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Finals

1 Lakeville South	A	42.15M	10
1) Dean, Camden 12	2) Volk, Reece 11		
3) Cade, Connor 9	4) Hansen, Carson 11		
2 Rosemount	A	42.24	8
1) Pyne, Vicar 12	2) Pyne, Vincent 12		
3) Gilbertson, Kade 11	4) Townsend, Miles 12		
3 Eagan	A	42.69	6
1) Dorsey, Derek 12	2) Specht, Charlie 12		
3) Koenen, Blake 10	4) Brockberg, Ethan 12		
4 Prior Lake	A	42.90	5
1) McIntosh, Nicholas 12	2) Lee, Justice 12		
3) Ossei, Tyrese 12	4) Spronk, Grayson 11		

5 Farmington	A	45.08	4
1) Binstock, Elijah 12	2) Finley, Rodrick 12		
3) Coccarelli, Jakob 12	4) Everett, Brandon 10		
6 Lakeville North	A	45.16	3
1) Ripplinger, Samuel 9	2) Liston, Dylan 11		
3) Jackson, Monroe 11	4) Young, Jackson 11		
7 Burnsville	A	45.19	2
1) Homuth, Jayden 12	2) Ongwenyi, Albert 9		
3) Marroquin, Djuan 11	4) Kamara, Caleb 11		
8 Shakopee	A	45.71	1
1) Monroe, Garrison 11	2) Gaiters, Ari 11		
3) Holte, Ben 10	4) McCall, Andrew 11		
9 Eastview	A	46.04	
1) Takahashi, Simon 10	2) Anderson, Tyler 10		
3) Bizuneh, Joseph 12	4) Field, Isaac 10		
10 Apple Valley	A	46.05	
1) Jackson, Zaire 10	2) Torkelson, Carter 11		
3) Sifuentes, Rafael 11	4) Gross, Jaxon 9		

Boys 4x200 Meter Relay

SSC Record: 1:29.97 M 5/26/2022 Eagan

E Brockberg, C Specht, D Dorsey, B Koenen

Team	Relay	Finals
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Finals

1 Eagan	A	1:29.97M	10
1) Brockberg, Ethan 12	2) Specht, Charlie 12		
3) Dorsey, Derek 12	4) Koenen, Blake 10		
2 Lakeville North	A	1:30.91	8
1) Kocher, Jack 12	2) Liston, Dylan 11		
3) Purdy, Samuel 12	4) Niggeling, Thomas 12		
3 Farmington	A	1:31.42	6
1) Finley, Rodrick 12	2) Coccarelli, Jakob 12		
3) Everett, Brandon 10	4) Shrum, Jonathan 11		
4 Prior Lake	A	1:31.63	5
1) McIntosh, Nicholas 12	2) Horejsi, Ryan 12		
3) Fier, Jacob 11	4) Marcinkevich, Josh 10		
5 Lakeville South	A	1:31.73	4
1) White, Tyrese 12	2) Cade, Connor 9		
3) Johnson, Garrett 11	4) Allen, Michael 12		
6 Apple Valley	A	1:31.77	3
1) Greaves, Christopher 12	2) Sifuentes, Rafael 11		
3) Carroll, Christopher 12	4) Gbadamosi, Abdulwakell 12		
7 Burnsville	A	1:31.81	2
1) Ongwenyi, Albert 9	2) Marroquin, Djuan 11		
3) Homuth, Jayden 12	4) Belt, Christian 12		
8 Shakopee	A	1:33.42	1
1) Fletcher, Julian 12	2) Miller, Sir Brody 9		
3) Holte, Ben 10	4) McCall, Andrew 11		
9 Eastview	A	1:36.71	
1) Cox, Cooper 10	2) Ostler, Todd 10		
3) Wagner, Andrew 12	4) Takahashi, Simon 10		
--- Rosemount	A	DNF	
1) Baiel, Ethan 10	2) Ganser, Jackson 10		
3) Schade, Tyler 10	4) Liggett, Joshua 12		

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Boys 4x400 Meter Relay

SSC Record: 3:20.75 M 5/26/2022 Lakeville North

J Kocher, A Casey, B Licht, B Stachewicz

Team	Relay	Finals
Finals		
1 Lakeville North	A	3:20.75M 10
1) Kocher, Jack 12	2) Casey, Andrew 11	
3) Licht, Blake 11	4) Stachewicz, Bryce 11	
2 Apple Valley	A	3:20.90 8
1) Greaves, Christopher 12	2) Khalif, Abdikafi 12	
3) Hirsi, Mohamed 12	4) Smith Jr., Dwyne 10	
3 Rosemount	A	3:26.58 6
1) Gilbertson, Kade 11	2) Mulrooney, Ryan 11	
3) Whelan, Maki 10	4) Townsend, Miles 12	
4 Lakeville South	A	3:27.85 5
1) Bode, Evan 12	2) Ongondi, Amos 12	
3) Caswell, Samuel 12	4) Whittaker, Matthew 12	
5 Farmington	A	3:33.94 4
1) Finley, Rodrick 12	2) Donlan, McKenzie 10	
3) Hanson, Riley 12	4) Hanson, Zach 12	
6 Prior Lake	A	3:37.39 3
1) Holte, Brock 12	2) Horejsi, Ryan 12	
3) Guth, Peyton 11	4) Mahowald, Matt 10	
7 Burnsville	A	3:37.57 2
1) Chhuoy, Brian 12	2) Hess, Quinn 10	
3) Howard, Markeese 10	4) Dundon, Thomas 12	
8 Eastview	A	3:38.16 1
1) Clayton, Trajen 12	2) Izzo, Matthew 10	
3) Kronkvist, John 12	4) Munson, Eli 11	
9 Eagan	A	3:38.61
1) Kehler, Thomas 11	2) Phillips, Rowan 12	
3) Sloan, Jackson 11	4) Heinlein, Drew 12	
10 Shakopee	A	3:44.93
1) Thompson, John 10	2) Grim, Joe 12	
3) Balvance, Tyler 10	4) Yuza, Zach 12	

Boys 4x800 Meter Relay

SSC Record: 7:58.55 M 2011 Rosemount

Deng, Evenocheck, Temple, Dye

Team	Relay	Finals
Finals		
1 Rosemount	A	8:16.91 10
1) Kaja, Andrew 12	2) Gorman, Joshua 12	
3) Schultz, Andrew 10	4) Beise, Micah 12	
2 Lakeville North	A	8:16.98 8
1) Griffin, Darby 9	2) Olson, Eli 10	
3) Angell, Nicholas 11	4) Kimmel, Ethan 11	
3 Apple Valley	A	8:21.51 6
1) Cloutier, Trevor 11	2) Connors, Aaron 11	
3) Hirsi, Mohamed 12	4) Khalif, Abdikafi 12	
4 Farmington	A	8:23.48 5
1) Donlan, McKenzie 10	2) Hanson, Zach 12	
3) Alexander, Austin 12	4) Hanson, Riley 12	

5 Lakeville South	A	8:23.77 4
1) McManus, Quinn 10	2) Anderson, Noah 12	
3) Aguilar-Fuentes, Alberto 12	4) Starfield, Ethan 11	
6 Eastview	A	8:27.17 3
1) Munson, Eli 11	2) Kronkvist, John 12	
3) Adamson, Thomas 11	4) Khakural, Adrian 10	
7 Eagan	A	8:44.58 2
1) Daniel, Noah 9	2) Helgeson, Owen 11	
3) Tesdall, Nicholas 10	4) Ojo, Emmanuel 10	
8 Shakopee	A	8:50.58 1
1) Balvance, Tyler 10	2) Becker, Ryan 9	
3) Hokanson, Colin 9	4) Stuwe, Owen 8	
9 Prior Lake	A	8:52.86
1) Mahowald, Matt 10	2) Johnson, Zachary 12	
3) Guth, Peyton 11	4) Postle, Zachary 9	
10 Burnsville	A	9:10.70
1) Friedmann, Zachary 12	2) Sandbo, Everett 12	
3) Merrell, Liam 8	4) Schoenbauer, Jacob 9	

Boys High Jump

SSC Record: 6-06 M 2013 Ryan Lockard

Name	Yr	School	Finals
Finals			
1 Johnson, Jaden	12	Lakeville South	6-02.00 10
2 Mosser, Benjamin	12	Lakeville South	6-01.00 8
3 Ossi, Tyrese	12	Prior Lake	6-00.00 6
4 Holte, Ben	10	Shakopee	J6-00.00 5
5 Gerl, Reece	11	Lakeville South	J6-00.00 4
6 Butler, Nazere	11	Shakopee	J6-00.00 3
7 Ford, Owen	10	Eagan	5-10.00 1
7 Harris, Hunter	10	Farmington	5-10.00 1
7 Simmering, Leyton	12	Rosemount	5-10.00 1
10 Schuering, Jacob	12	Eastview	J5-10.00
11 Hammerstrom, Drew	11	Prior Lake	J5-10.00
12 Tchakam, Devean	12	Rosemount	5-08.00
12 Barnett, Evan	11	Lakeville South	5-08.00
14 Clayton, Trajen	12	Eastview	J5-08.00
15 Vaith, Hudson	11	Lakeville North	J5-08.00
16 Hanley, Brody	12	Farmington	J5-08.00
17 Connelly, Brandon	10	Shakopee	5-06.00
17 Wallace, Landon	10	Lakeville North	5-06.00
19 Hayes, Isiah	12	Burnsville	J5-06.00
19 Nolan, Samuel	11	Lakeville North	J5-06.00
21 Cox, Cooper	10	Eastview	J5-06.00
--- Taylor, Andrew	11	Eagan	NH
--- McWilliams, Jai'dyn	9	Apple Valley	NH
--- Howard, Markeese	10	Burnsville	NH
--- Kortbein, Zachary	11	Eastview	NH
--- Fenske, Malachi	12	Farmington	NH
--- Holte, Brock	12	Prior Lake	NH
--- Williams, Tristan	11	Eagan	NH
--- Laberee, Henry	9	Rosemount	NH
--- Sherlock, Jeremy	10	Burnsville	NH

South Suburban Conference Championships - 5/24/2022 to 5/26/2022

Apple Valley High School

Results

Boys Pole Vault

SSC Record: 15-00 M 2013 Lee Bares

Name	Yr	School	Finals
Finals			
1 Baptiste, Derek	10	Prior Lake	12-06.00 10
2 Casey, Ryan	10	Prior Lake	12-03.00 8
3 Rodenwald, Noah	10	Rosemount	11-06.00 6
4 Alam, Abid	11	Rosemount	11-00.00 5
5 Sherlock, Jeremy	10	Burnsville	J11-00.00 4
6 Velin, Tyler	11	Rosemount	10-06.00 1.5
6 Piotraschke, Ryan	12	Shakopee	10-06.00 1.5
6 Bente, Tate	9	Lakeville South	10-06.00 1.5
6 Constine, Owen	11	Lakeville South	10-06.00 1.5
10 Barry, Connor	10	Eastview	J10-06.00
11 Kruger, Jack	10	Eagan	J10-06.00
12 Giblin, Ryan	11	Shakopee	J10-06.00
13 Robinson, Nicholas	11	Rosemount	10-00.00
14 Eichacker, Samuel	11	Eagan	J10-00.00
15 Evans, Brooklyn	9	Eagan	J10-00.00
16 Lewis, Laif	10	Eastview	9-06.00
17 Lucey, Joseph	10	Lakeville South	9-00.00
18 Jones, Kyle	11	Farmington	J9-00.00
19 Maddio, Cole	11	Lakeville North	8-00.00
20 Hanson, Logan	11	Farmington	J8-00.00
21 Kirby, Liam	11	Farmington	J8-00.00
--- Jones, Kaleb	11	Apple Valley	NH
--- Urgiles Suarez, Matthew	9	Apple Valley	NH
--- Praxayamondkhoun, Preston	11	Shakopee	NH
--- Baas, Gavin	11	Prior Lake	NH
--- Fuentes, Ethan	10	Apple Valley	NH
--- Thompson, John	10	Shakopee	NH

Boys Long Jump

SSC Record: 22-10.75 M 2019 Parker Ellis

Name	Yr	School	Finals
Finals			
1 Hansen, Carson	11	Lakeville South	21-06.50 10
2 Belt, Christian	12	Burnsville	21-05.00 8
3 Scales, Kenji	12	Eastview	20-10.25 6
4 Volk, Reece	11	Lakeville South	20-08.75 5
5 Beaver, James	11	Shakopee	20-06.50 4
6 Ramlall, Anish	12	Rosemount	20-04.50 3
7 Lee, Justice	12	Prior Lake	20-02.75 2
8 Fier, Jacob	11	Prior Lake	20-01.00 1
9 Grommesch, Cody	12	Shakopee	20-00.75 NWI
10 Shrum, Jonathan	11	Farmington	19-07.50 NWI
11 Johnson, Garrett	11	Lakeville South	19-07.00 NWI
12 Whelan, Maki	10	Rosemount	19-06.00 NWI
13 Meyer, Logan	11	Prior Lake	19-05.50 NWI
14 Carroll, Christopher	12	Apple Valley	18-11.50 NWI
15 Carbajal Dao, Roman	12	Rosemount	18-11.00 NWI
16 Licht, Blake	11	Lakeville North	18-10.75 NWI
17 Finley, Rodrick	12	Farmington	18-10.50 NWI
18 Davis, Brooks	11	Lakeville South	18-07.25 NWI
19 Wedward, Dylan	12	Eagan	18-04.75 NWI

20 Tella, Mojerioluwa	11	Eagan	18-02.50 NWI
21 Bawek, Brennen	8	Shakopee	17-10.00 NWI
22 Anderson, Tyler	10	Eastview	17-09.00 NWI
23 Field, Isaac	10	Eastview	17-03.75 NWI
24 Pagel, Landon	10	Farmington	17-02.00 NWI
25 Dougall, Cole	12	Lakeville North	17-00.00 NWI
26 Litterer, Sean	10	Apple Valley	16-11.00 NWI
27 Benya, Galata	11	Eagan	16-10.00 NWI
28 Sherlock, Jeremy	10	Burnsville	16-06.00 NWI
29 Gross, Jaxon	9	Apple Valley	14-04.25 NWI
--- Nolan, Samuel	11	Lakeville North	ND NWI
--- Hayes, Isiah	12	Burnsville	ND NWI

Boys Triple Jump

SSC Record: 46-00.50 M 2011 Frankie Veldman

Name	Yr	School	Finals
Finals			
1 Fletcher, Julian	12	Shakopee	42-03.00 10
2 Ramlall, Anish	11	Rosemount	41-11.50 8
3 Ongondi, Amos	12	Lakeville South	41-10.50 6
4 Simmering, Leyton	12	Rosemount	41-05.50 5
5 Kruger, Jack	10	Eagan	41-04.00 4
6 Bizuneh, Joseph	12	Eastview	40-07.75 3
7 Stewart, Mikai	12	Lakeville South	40-05.00 2
8 Tella, Mojerioluwa	11	Eagan	40-00.00 1
9 Thompson, Rhone	12	Lakeville South	39-11.50 NWI
10 Butler Jr, Antwon	10	Shakopee	39-07.00 NWI
11 Abiodun, Adeniyi	12	Burnsville	39-06.00 NWI
12 Schiltz, Owen	10	Eastview	39-04.00 NWI
13 Field, Isaac	10	Eastview	39-03.50 NWI
14 Davis, Brooks	11	Lakeville South	38-10.25 NWI
15 Liston, Dylan	11	Lakeville North	38-05.50 NWI
16 Pagel, Landon	10	Farmington	38-03.50 NWI
17 Holte, Brock	12	Prior Lake	38-01.00 NWI
18 Mitoro, Franboni	11	Eagan	38-00.75 NWI
19 Malmgren, Parker	11	Lakeville North	37-10.25 NWI
20 Fenske, Malachi	12	Farmington	37-05.00 NWI
21 Nolan, Samuel	11	Lakeville North	37-02.00 NWI
22 Priest, William	11	Rosemount	36-04.50 NWI
23 Connelly, Brandon	10	Shakopee	36-03.00 NWI
24 Coccarelli, Jakob	12	Farmington	36-00.50 NWI
25 Anderson, Tyler	10	Eastview	35-11.00 NWI
26 Muhammad, Adnan	12	Prior Lake	35-08.00 NWI
27 Hanley, Brody	12	Farmington	35-06.00 NWI
28 Gross, Jaxon	9	Apple Valley	35-04.75 NWI
29 Litterer, Sean	10	Apple Valley	35-02.00 NWI
30 Tessema, Dawit	10	Burnsville	33-02.25 NWI

Boys Shot Put

SSC Record: 60-07 M 2019 Maxwell Otterdahl

Name	Yr	School	Finals
Finals			
1 Bills, Hayden	11	Rosemount	57-00.00 10
2 Ebner, Weston	12	Rosemount	55-07.75 8
3 Elert, Christian	12	Prior Lake	53-05.75 6
4 Laughridge, Evan	11	Prior Lake	51-06.00 5

South Suburban Conference Championships - 5/24/2022 to 5/26/2022

Apple Valley High School

Results

Finals ... (Boys Shot Put)

Name	Yr	School	Finals	
5 Johnson, Greg	11	Prior Lake	49-11.25	4
6 Lindsay, Noah	11	Rosemount	48-08.50	3
7 Hokanson, Adam	12	Shakopee	46-02.50	2
8 Sedlacek, Ben	12	Shakopee	46-00.50	1
9 Rasmussen, Adam	11	Shakopee	45-00.50	
10 Noriega, Mateo	12	Burnsville	44-11.00	
11 Mohr, Braden	11	Farmington	44-10.25	
12 Klinkner, Lucas	11	Rosemount	44-08.50	
13 Mehlhorn, Joseph	12	Farmington	43-09.50	
14 Busse, Caleb	11	Farmington	43-02.75	
15 Becker, Cael	10	Prior Lake	43-01.25	
16 Winn, Ty	12	Lakeville South	42-10.25	
17 Cahill, Alex	12	Eagan	42-09.50	
18 Klein, Brecken	11	Lakeville South	40-09.00	
19 Gardner, Tayvion	12	Apple Valley	40-08.50	
20 Granger, Wesley	11	Eastview	40-03.00	
21 Sivongxay, Christian	11	Burnsville	40-02.25	
22 O'Neil, Landon	10	Eastview	39-09.50	
23 Dougall, Cole	12	Lakeville North	39-06.75	
24 Moses, Adrian	11	Eagan	39-01.75	
25 Fischer, Dylan	12	Burnsville	38-11.50	
26 Popp, Connor	11	Lakeville North	38-09.25	
27 Krebs, Jason	11	Lakeville South	38-07.50	
28 Sindelir, Kyle	11	Lakeville North	38-07.25	
29 Young, Jack	11	Eagan	38-06.75	
30 McElroy, D'Vante	9	Apple Valley	36-10.25	
31 Schiefelbein, Sean	12	Apple Valley	35-00.00	

23 Tonsager, Caden	11	Eagan	110-04
24 Krebs, Jason	11	Lakeville South	108-07
25 Hames, Mike	12	Shakopee	107-06
26 Dougall, Cole	12	Lakeville North	103-11
27 O'Neil, Landon	10	Eastview	102-03
28 Klein, Brecken	11	Lakeville South	100-07
29 Schiefelbein, Sean	12	Apple Valley	98-00
30 Popp, Connor	11	Lakeville North	86-04
31 Elliot, Connor	12	Apple Valley	71-01

Men - Team Rankings - 18 Events Scored

1) Rosemount	173.5
2) Lakeville South	139
3) Prior Lake	106
4) Lakeville North	71
5) Farmington	51
6) Eagan	40
7) Shakopee	39.5
8) Apple Valley	38
9) Burnsville	31
10) Eastview	13

Boys Discus Throw

SSC Record: 193-00 M 2019 Maxwell Otterdahl

Name	Yr	School	Finals	
1 Bills, Hayden	11	Rosemount	183-00	10
2 Elert, Christian	12	Prior Lake	156-03	8
3 Reiland, Samuel	12	Rosemount	151-03	6
4 Ebner, Weston	12	Rosemount	151-00	5
5 Klinkner, Lucas	11	Rosemount	145-07	4
6 Hokanson, Adam	12	Shakopee	139-06	3
7 Johnson, Greg	11	Prior Lake	135-03	2
8 Mehlhorn, Joseph	12	Farmington	134-11	1
9 Hansen, Jack	10	Eagan	133-02	
10 Bowman, Trace	11	Prior Lake	131-11	
11 Mohr, Braden	11	Farmington	127-03	
12 Young, Jack	11	Eagan	124-05	
13 Owusu, Martin	11	Prior Lake	120-08	
14 Sedlacek, Ben	12	Shakopee	120-01	
15 Noriega, Mateo	12	Burnsville	119-00	
16 Ellis, Jayden	10	Burnsville	118-05	
17 Bishop, Peyton	11	Eastview	116-11	
18 Sinner, Parker	11	Farmington	116-07	
19 Winn, Ty	12	Lakeville South	115-00	
20 Granger, Wesley	11	Eastview	111-03	
21 Fischer, Dylan	12	Burnsville	110-11	
21 Sindelir, Kyle	11	Lakeville North	110-11	